Parents: Visitors must call the front office by 9am to order their lunch the day they visit. The price of a visitor meal is $3.00. We cannot charge any visitor lunches to your child's lunch account. Payments must be made in the front office before lunch. Thank you.

Fresh Fruit and Veggies offered EVERYDAY!!
Milk or Juice Choice with each lunch. Drinking water is available.

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| **NO SCHOOL**  
**Labor Day** | **NO SCHOOL**  
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**Teacher Training** |
| **1**  
A: Sloppy Joes  
B: BBQ Chicken Sandwich  
Breakfast: Muffin, Cereal, Yogurt, Fruit, juice and milk | **2**  
A: Pizza Dippers  
B: Cold Italian Pasta Salad,  
Breakfast: Pancakes, Cereal, Yogurt, Fruit, Milk and Juice | **3**  
A: Pizza Dippers  
B: Cold Italian Pasta Salad,  
Breakfast: Pancakes, Cereal, Yogurt, Fruit, Milk and Juice | **10**  
**NO SCHOOL**  
**Teacher Training** |
| **7**  
A: Eggs and Pancakes  
B: Breakfast Parfait w/Granola  
Breakfast: Muffin, Cereal, Yogurt, Fruit, Milk and Juice | **8**  
A: *new* Pesto Chicken Wrap  
B: Cold Turkey Sandwich  
Breakfast: Banana Bread, Cereal, Yogurt, Fruit, Milk and Juice | **9**  
A: Chicken Fajitas  
B: Southwest Pasta Bowl– cold  
Breakfast: Cereal Bar, Cereal, Yogurt, Fruit, Milk and Juice | **17**  
**NO SCHOOL**  
**Teacher Training** |
| **13**  
A: Breakfast Pizza  
B: Cold Ham and Cheese Sandwich  
Breakfast: Banana Bread, Cereal, Yogurt, Fruit, Milk and Juice | **14**  
A: Chicken Alfredo  
B: Chicken Caesar Salad  
Breakfast: Cereal Bar, Cereal, Yogurt, Fruit, Milk and Juice | **15**  
A: *new* Pizza Cup w/Cheese  
B: Italian Sandwich  
Breakfast: Muffin, Cereal, Yogurt, Fruit, juice and milk | **16**  
**Board Meeting 7:00 PM**  
A: Chicken Tenders  
B: Flatbread Pizza  
Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice and Milk |
| **20**  
A: Chicken Enchilladas  
B: Quesadilla  
Breakfast: Muffin, Cereal, Yogurt, Fruit, juice and milk | **21**  
A: Chili w/Cornbread  
B: Potato Bar  
Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice and Milk | **22**  
A: *new* Tuscan Grilled Cheese  
B: Ham and Potato Soup  
Breakfast: Banana Bread, Cereal, Yogurt, Fruit, Milk and Juice | **23**  
A: Breakfast Burrito  
B: Nachos  
Breakfast: Cereal Bar, Cereal, Yogurt, Fruit, Milk and Juice |
| **27**  
A: Chicken Parmesan Bake  
B: Mandarin Chicken Salad  
Breakfast: Banana Bread, Cereal, Yogurt, Fruit, milk and juice | **28**  
A: Beef Enchilladas  
B: Quesadilla  
Breakfast: Cereal Bar, Cereal, Yogurt, Fruit, Milk and Juice | **29**  
A: *new* Volcanic Meatloaf  
B: Chicken Noodle Soup  
Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice and Milk | **30**  
A: Breakfast Burrito  
B: Mandarin Chicken Salad  
Breakfast: Muffin, Cereal, Yogurt, Fruit, juice and milk |

Please contact awalker@promontory.org with any diet/allergy needs. Most meals can be adapted to meet your needs. Menu items possibly come in contact with gluten or dairy.

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<td>Labor Day</td>
<td>No School</td>
<td>(A) Breakfast Casserole– GF</td>
<td>(B) Yogurt Cup– GF</td>
<td>(A) Chili– GF &amp; DF</td>
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<td>Broccoli Salad– GF</td>
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